

The logo for GLWS (Global Leadership Wellbeing Solutions) features the letters "GLWS" in a bold, blue, sans-serif font. A registered trademark symbol (®) is located at the top right of the "S".

GLWS®

GLOBAL LEADERSHIP WELLBEING SOLUTIONS

GLWS

Accreditation Virtual Program

The logo for EEK & SENSE features the company name in a blue, serif font. A stylized orange and blue wave graphic is positioned below the text.

EEK & SENSE

glswellbeing.com

About the program.

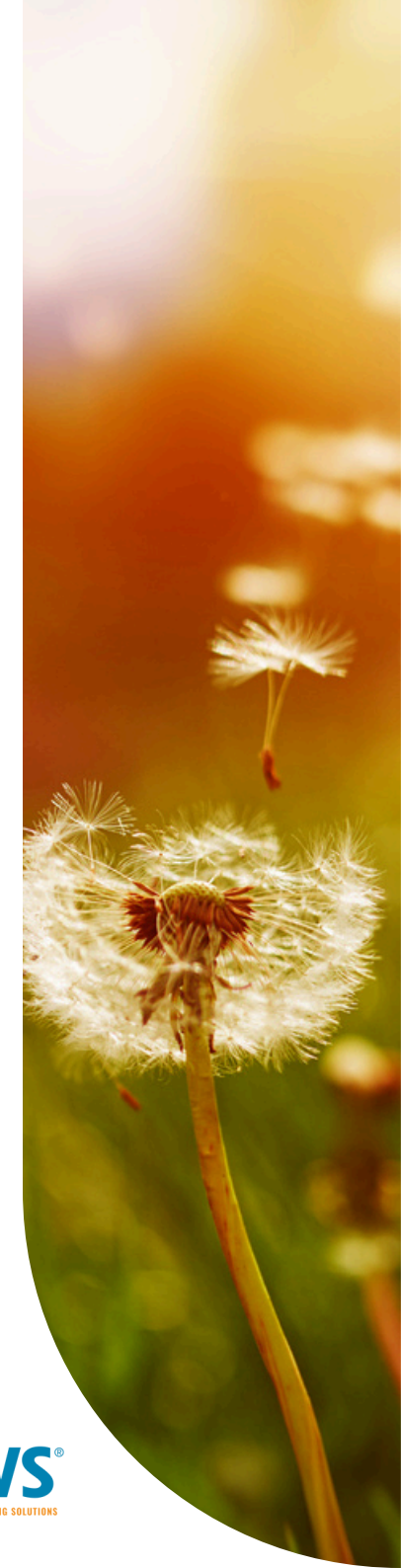
The virtual GLWS accreditation program provides participants with the opportunity to explore, learn and connect with GLWS facilitators and other participants over 4 'live' virtual workshops, together with leveraging self-directed learning content and activities that can be done flexibly in your own time.

By the end of accreditation, you will be able to:

- Communicate and apply the latest models and thinking about employee wellbeing and its influence on organisational outcomes.
- Analyse and interpret a GLWS Personal Report to identify an individual's key wellbeing strengths and opportunities.
- Confidentially implement the GLWS framework and reports, including confidentially conducting a GLWS debrief.
- See the opportunities of aggregating wellbeing data and insights through use of the GLWS Group/Team Reports.
- Position the value of measuring wellbeing to prospective internal or external clients.
- Talk about the latest data insights and emerging themes of leader wellbeing using the GLWS data and research.
- Gain formal qualifications as a GLWS Accredited Practitioner.

Key features of this course include:

- Virtual facilitation by experts in wellbeing, leadership, and organisational psychology, with extensive theoretical and practical application of GLWS.
- Dedicated learning space to ask questions, enjoy live discussion and interact with learners from other organisations, supported by a small amount of pre/post self-directed learning.
- Case studies and explorations of real-life programs and evidence-based learning will be utilised.
- Your own GLWS Survey completion and GLWS Personal Report.
- Complimentary trial of the GLWS survey and Personal Report for 1 'practice person' debrief as part of your learning.
- Extensive and high-quality online course learning materials.
- Access to MyGLWS member portal – a dedicated online resource for GLWS Accredited Practitioners with coaching resources and all the information you need to support your use of the GLWS.
- Optional access to a confidential one to one personal wellbeing coaching session based on your GLWS Personal Report (additional fees apply).



Program structure.

Program Components	Key Learning Areas
<i>Preparatory work</i>	<ul style="list-style-type: none"> • Participant to complete background pre-reading and GLWS survey (~30 mins).
Workshop 1. 2 hours	<ul style="list-style-type: none"> • Program welcome, overview, and objectives. • What is wellbeing, what influences it and what its impact in organisations. • The development of the GLWS framework and survey.
<i>Self-directed activities</i>	<ul style="list-style-type: none"> • Consider an appropriate volunteer to complete GLWS survey as part of the practice debrief and gather their consent to be involved.
Workshop 2. 2 hours	<ul style="list-style-type: none"> • What the GLWS Personal report looks like and how to interpret it. • Explore and discuss 'real' GLWS Personal Reports case studies. • Key principles and considerations for deploying the GLWS.
<i>Self-directed activities</i>	<ul style="list-style-type: none"> • Explore your own GLWS Personal Report (provided via email post workshop). • Set up a volunteer to complete GLWS survey as part of the practice debrief, including ordering the GLWS online. • Prepare/conduct practice GLWS debrief (~90 mins) • Access to key GLWS resources (e.g., debrief guide, coaching guide, preparation and reflection templates).

Program Components	Key Learning Areas
Workshop 3. 2 hours	<ul style="list-style-type: none"> • Reflections and questions on personal GLWS report. • Troubleshooting of practice GLWS report &/or reflections on practice GLWS debrief (if completed). • What the GLWS Group report looks like and how to interpret it. • Explore and discuss 'real' GLWS Group Reports and their applications.
<i>Self-directed activities</i>	<ul style="list-style-type: none"> • <i>Conduct practice GLWS debrief (if not completed already).</i>
Workshop 4. 2 hours	<ul style="list-style-type: none"> • Reflections on practice debrief. • Positioning & applying GLWS. • Latest GLWS data and research. • Program wrap up and where to from here.



I recently completed the e-learning accreditation and found the whole program very valuable. Easy access to the videos and slides meant I could dip in and out as needed and refresh my understanding and knowledge throughout the program. The quizzes, learning activities, feedback and support embedded my learning and built my confidence to use the GLWS in my coaching practice.

It has changed the way I view my own life and the approach I take with my clients. And the real bonus was I could do it in my own time and pace that suited me.

Bernadette Durrell, Executive Coach



We are witnessing a huge increase in the need and demand for executive wellness. More and more my clients and I are discussing how they spend their time and energy and the difficulties they are experiencing with balancing personal, family and work commitments. The GLWS is invaluable.

Dr Órla NicDomhnaill, Psychologist & CEO Thrive Advisory

The resources that GLWS offers are exhaustive; the coaching guide is outstanding; their support is generous and despite the course being online, it still felt personable as I knew there were real people at GLWS to help and provide guidance.

Anne Bartlett, Executive Coach

The GLWS is the best in its class, not just for measuring the wellbeing of leaders, but giving them strategies to be consistently at the top off their game, both at home and at work. Every leader deserves the transformational power of a GLWS survey and debrief.

Paul Mitchell MAPS, Founder of the Human Enterprise and Interest Group in Coaching Psychology

The e-learning was really easy to navigate, and the approach to learning was a good balance of theory and practise. Marisa and the team provided great support throughout the process, and I feel confident of their ongoing support as I begin to use the GLWS.

Bri Hayllar, Psychologist & Coach

This accreditation is invaluable for any leader serious about creating a thriving, resilient workplace culture. The evidence-based framework, insights and tools have given me the confidence to integrate into my service offerings and quickly see the positive impact and value for my clients.
Penny Ward, Executive Coach

The GLWS itself is an unmissable tool when working with leaders and those in senior positions. It nails the wellbeing science and integrates it so practically with lived pressures, to help understand where people can grow, excel and flourish. The Masterclass was an energising day, thought out on every level, and the day went so quickly!
Susannah Kindred, Director & Clinical Psychologist

The GLWS is a game changer for anyone implementing a wellbeing framework in an organisation or providing wellbeing coaching. As with any organisational change management, it all needs to start at the top.
Joelle Blackburn, GM Talent & Culture

The GLWS tool is a comprehensive, yet targeted tool to facilitate meaningful wellbeing conversations with senior leaders. The grouped data analysis (gender and age differences) is valuable for contextualising wellbeing for different cohorts (without stereotyping).
Tanya Schiffter, Principal OD Consultant & Psychologist

Exceptional diagnostic tool to begin your wellbeing journey for yourself and to lead and imbed into your organisation.
Gabrielle McMeeken, Senior Consultant

The GLWS is an excellent, evidence-based tool for leaders and professionals. It captures the personal, complex and dynamic nature of individual wellbeing to enable users to gain real insights into their wellbeing. The accreditation workshops provided an in-depth understanding of the development and uses of the survey and were delivered by passionate and authentic experts in the field.
Lucy Chapple, Psychologist & Coach

A great, research-based comprehensive instrument. It's the best wellbeing survey I know of for leaders and professionals.
Michael Thornber, CEO & Executive Board Member



I've done a series of certifications in culture and executive coaching recently to launch my consulting and coaching business. This is by far the best one in terms of structure, pace and ease of following and understanding the materials. I feel ready and equipped to get started straight away with running the the survey and debriefs. The marketing and coaching materials are fantastic and I really don't need anything else to get started now. Thank you for creating a world class wellbeing tool and training program.

Gail Owen, Leadership Coach

A much needed tool to that is highly relevant and expertly delivered and supported!

Melinda Gashi, Executive Coach & Psychologist



Excellent tool and process. Provides for deep reflection and valuable insights into all aspects of Wellbeing.

John White, Executive Coach

The certification process was very straightforward & the tool itself is so robust, intuitive & well designed. I appreciate the personalized attention, responsiveness and support from the GLWS team.

Sarah Gourley, GM & Leadership Coach

GLWS provides a thorough framework to approaching wellness in a corporate context, and creates a great platform to have meaningful conversations with clients that will enhance both the business results for the organization, as well as their personal lives.

Alice Gustavsson, Senior Associate

The GLWS is an exceptional tool that not only broadened my understanding knowledge and skill in this area but perfected my coaching approach and connection with the client. I can't recommend this tool and accreditation highly enough

Cheryl Walters, Executive Leadership Coach & General Manager OD

I believe the GLWS framework, domains and report format of GLWS provide constructive ways to start conversations that can lead to improved wellbeing. The evidence is clear - good wellbeing is the basis of improved performance.

Gerry Roberts, Exec Coach & Principal Consultant

I found the GLWS accreditation training extremely valuable, particularly in its breadth and depth. It gives me confidence to deliver to our clients as it has been developed through comprehensive psychologically based scientific development, research and robust trialling where the competition stakes similar claims but do not deliver.

Peter Kellaway, Principal Consultant

The GLWS accreditation program was an excellent self paced process. The program enabled me the time and space to not only reflect on my own well-being, but also access to amazing resources to truly appreciate the depth and validity of the survey.

Marion Stanway, Executive Coach

I have just completed the GLWS accreditation program and have learnt so much. i am passionate about Wellbeing and I now feel I have the knowledge to really help senior leaders to understand their own wellbeing and how they can lead it within their organisation. Fabulous tool for all to take care of their own wellbeing

Executive Coach

I found the range of aspects of wellbeing covered by the course and survey instrument to be very thorough and useful for those working within organisations, especially from mid-level leadership roles upward. The approach of considering both "Working Well" and "Living Well" allows people to consider the trade-offs, pinch-points, but also their wellbeing enablers in detail.

Pam Wilson, Leadership Coach

Very comprehensive accreditation program. Well structured and well designed. Plus, an amazing set of tools and documentation to set you up for immediate success.

Executive Coach

