

Overview of GLWS Level 1 eLearning accreditation

The Level 1 eLearning course closely mirrors the content delivered in the face to face program and is accomplished in approximately 10-12 hours of study plus practice debriefs. This can be completed in your own time and at your own pace. The course has been designed to enable maximum flexibility. All we ask is that it is completed within 3 months of starting the program.

By the end of Level 1, you will be able to:

- Gain an understanding of wellbeing and its influence on organisational outcomes
- Analyse and evaluate a GLWS Personal Report for key themes
- Conduct a GLWS debrief
- Create a value proposition to prospective internal or external clients

Key features of this course include:

- GLWS Survey completion and GLWS Personal Report debrief prior to the start of your course, upon registration.
- A confidential one to one personal wellbeing coaching session from a GLWS consultant to debrief your GLWS Personal Report.
- Access to our online ordering portal to place an order for a GLWS survey invitation to be sent on your behalf to whoever you would like to do your GLWS Personal Report practice debrief session with (under supervision).
- Extensive and high quality online course materials.
- Access to MyGLWS membership – a dedicated online resource for the GLWS accredited community with coaching tips, resources and all the information you need to support your use of the GLWS Personal Report with your clients.
- Options and flexibility to join one of several dates for your final live webinar where you will come together with participants from other organisations for a facilitated session with a GLWS expert to share questions to complete the final steps of your GLWS accreditation course.
- 3 months to complete your accreditation, followed by ongoing and unlimited access to a Level 1 eLearning refresher course.
- Complimentary trial of the GLWS survey and Personal Report for 1 'practice person' debrief undertaken as part of your online course.
- Offers of exclusive promotions and loyalty discounts.
- Eligibility to achieve GLWS Certified Practitioner status - after you have gained experience of conducting 10 x GLWS Personal Report debriefs and the impact of your work has been independently evaluated.

	By the end of the lesson, you'll be able to:	How is the lesson structured?
Lesson 1	<ul style="list-style-type: none"> • Explain what wellbeing is • Discuss the influence of wellbeing on organisations • Explain how leader wellbeing impacts on organisational outcomes • Describe the GLWS tool and its purpose • Describe the GLWS 'Learn, Live, Lead and Embed' approach and its role in enabling better wellbeing for leaders • Describe the GLWS Framework and its relevance to wellbeing • Identify how the GLWS can be used to address organisation pain points • Answer questions regarding GLWS psychometric properties • Apply GLWS ethics and principles of use 	<p>Topic 1: GLWS and Wellbeing in the Workplace Topic 2: Development, Framework, Psychometrics and Principles of Use Quiz: Multiple choice questions</p>
Lesson 2	<ul style="list-style-type: none"> • Interpret the GLWS Personal Report within context • Explain the presentation of the Wellbeing Snapshot and Wellbeing Profile pages, including traffic light system, range, flags and mean response value • Identify potential areas for coaching / discussion from GLWS Personal Report • Prepare for a GLWS debrief • Conduct a GLWS debrief • Identify areas for follow-up and continued improvement 	<p>Topic 1: Interpreting the Report, Case Studies Topic 2: Preparing for the GLWS debrief Topic 3: Debrief in Action Assignment: Your own practice debrief</p>

	By the end of the lesson, you'll be able to:	How is the lesson structured?
Lesson 3	<ul style="list-style-type: none"> • Position and integrate GLWS into your toolkit relevant to your client base and organisation • Identify and describe the organisational and individual pain points where GLWS can be applied to address specific needs • Appreciate gender, age and seniority benchmark patterns in wellbeing profiles • Know how to set up your GLWS usage so you can conduct an impact and benefits evaluation analysis to measure success and outcomes 	<p>Topic 1: Position and apply GLWS Assignment: Create value proposition and business-case</p> <p>Topic 2: Key GLWS insights from a D&I perspective Assignment: Review GLWS benchmark data</p> <p>Topic 3: Future directions, wrap-up and next steps Live webinar!</p>