

## Overview of GLWS Level 1 E-Learning Accreditation Program

*The Level 1 E-learning program closely mirrors the content delivered in the face to face program and is accomplished in approximately 10-12 hours of study time. This can be completed in your own time and at your own pace. The course has been designed to enable maximum flexibility. All we ask is that it is completed within 3 months of starting the program, although you will continue to have access to materials upon accreditation. The table below shows the learning objectives and how the course is structured to achieve these.*

### By the end of Level 1, you will be able to:

- Gain an understanding of wellbeing and its influence on organisational outcomes.
- Analyse and evaluate a GLWS Personal Report for key themes
- Conduct a GLWS debrief
- Create a value proposition to prospective internal or external clients

	By the end of the Lesson, you'll be able to:	How is the lesson structured?
<b>Lesson 1</b>	<ul style="list-style-type: none"> <li>• Explain what wellbeing is</li> <li>• Discuss the influence of wellbeing on organisations</li> <li>• Explain how leader wellbeing impacts on organisational outcomes</li> <li>• Describe the GLWS tool and its purpose</li> <li>• Describe the GLWS 'Learn, Live, Lead and Embed' approach and its role in enabling better wellbeing for leaders</li> <li>• Describe the GLWS Framework and its relevance to wellbeing</li> <li>• Identify how the GLWS can be used to address organisation pain points</li> <li>• Answer questions regarding GLWS psychometric properties</li> <li>• Apply GLWS ethics and principles of use</li> </ul>	<p><b>Topic 1:</b> GLWS and Wellbeing in the Workplace</p> <p><b>Topic 2:</b> Development, Framework, Psychometrics and Principles of Use</p> <p><b>Quiz:</b> Multiple choice questions</p>

	By the end of the Lesson, you'll be able to:	How is the lesson structured?
<b>Lesson 2</b>	<ul style="list-style-type: none"> <li>• Interpret the GLWS Personal Report within context</li> <li>• Explain the presentation of the Wellbeing Snapshot and Wellbeing Profile pages, including traffic light system, range, flags and mean response value</li> <li>• Identify potential areas for coaching / discussion from GLWS Personal Report</li> <li>• Prepare for a GLWS debrief</li> <li>• Conduct a GLWS debrief</li> <li>• Identify areas for follow-up and continued improvement</li> </ul>	<p><b>Topic 1:</b> Interpreting the Report, Case Studies</p> <p><b>Topic 2:</b> Preparing for the GLWS debrief</p> <p><b>Topic 3:</b> Debrief in Action</p> <p><b>Assignment:</b> Your own practice debrief</p>
<b>Lesson 3</b>	<ul style="list-style-type: none"> <li>• Position and integrate GLWS into your toolkit relevant to your client base and organisation</li> <li>• Identify and describe the organisational and individual pain points where GLWS can be applied to address specific needs</li> <li>• Appreciate gender, age and seniority benchmark patterns in wellbeing profiles</li> <li>• Know how to set up your GLWS usage so you can conduct an impact and benefits evaluation analysis to measure success and outcomes</li> </ul>	<p><b>Topic 1:</b> Position and apply GLWS</p> <p><b>Assignment:</b> Create value proposition and business-case</p> <p><b>Topic 2:</b> Key GLWS insights from a D&amp;I perspective</p> <p><b>Assignment:</b> Review GLWS benchmark data</p> <p><b>Topic 3:</b> Future directions, wrap-up and next steps</p> <p><b>Live webinar!</b></p>