



Gain greater insights into what's driving
leaders' performance and wellbeing today.

What is GLWS®?

The Global Leadership Wellbeing Survey (GLWS®) is a uniquely holistic, evidence-based tool that delivers deep insights into what shapes and sustains a leader's success – at work and at home.

GLWS helps leaders and their teams tackle wellbeing priorities head on, providing expert advice, support and encouragement every step of the way.

Get a complete view of the complex wellbeing factors affecting energy, resilience and performance.

GLWS goes further than other wellbeing surveys – it focusses on the 'whole person' offering actionable steps to identify and address targeted wellbeing priorities, underpinned by expert support.

The result? Greater organisational and personal wellbeing, enhanced resilience, sustained high performance, increased engagement and improved productivity.



GLWS® for consultants and coaches

The world of work is changing.

Tomorrow's high performing leaders need to be more agile, collaborative and adaptable than ever. Finding new ways to achieve this is vital and research shows cultivating greater wellbeing can help.

Consultants and coaches are increasingly expected to help leaders cultivate wellbeing as a core capability.

Complement your wellbeing toolkit and grow your business further with GLWS – the world-leading, evidence-based tool that's driving new approaches to developing and sustaining leaders who perform at their best, today and tomorrow.

GLWS® for organisations

How 'fit' are your leaders? Like elite athletes, they need to be acutely aware of their wellbeing needs to achieve better business outcomes – higher customer satisfaction, productivity and profits, better stock market performance, stronger talent retention and an engaged workforce.

The best leaders also understand their impact on others and they appreciate how they lead sets the standard for others' wellbeing. They role-model constructive wellbeing behaviours as ambassadors for a more sustainable, supportive and effective culture.

Help your leaders be their best, at work and at home. Use the GLWS to gain deeper insights and suggest actionable steps to improving wellbeing across your leadership now.

GLWS[®] is the only tool that offers:

- A holistic framework and multi-dimensional approach to wellbeing and performance
- Detailed analytical assessments to give you deeper insights than ever before
- Inspiration for meaningful and immediate conversations about what's holding an individual or team back from being at their best
- Actionable steps, guidance and support to improve wellbeing at work and at home.



WORKING WELL

Aspects of Wellbeing affected by our professional lives

LIVING WELL

Aspects of Wellbeing affected by our home, social and personal lives



AUTHENTIC RELATIONSHIPS

Our relationships with our family, friends, colleagues and community



MEANING, PURPOSE & DIRECTION

Our overall sense of whether we are leading a 'good and full life' which holds meaning and purpose for us



RESILIENCE & EQUANIMITY

Our inner strength and emotional evenness



VITALITY & ENERGY

Our physical health, nutrition, exercise and sleep



BALANCE & BOUNDARIES

Our success in balancing the various demands placed on us in all aspects of our life



INTELLECTUAL ENGAGEMENT & FLOW

Our intrinsic interest and focus in the work we do

© EEK & SENSE Partners. All rights reserved.



5 ways to use GLWS[®] to positively impact outcomes for individuals and organisations

- 1 **Leadership development.** Join the progressive organisations using GLWS to encourage greater productivity, sustainable high performance, innovation and motivation across their leadership populations.
- 2 **Executive coaching.** Expedite conversations about your clients' wellbeing, change readiness and ability to achieve their full potential.
- 3 **Team effectiveness.** Drill down to discover specific wellbeing impacts, facilitate deeper and shared understanding about what sustains team vitality for the long haul and explore team dynamics, morale and coping strategies.
- 4 **Diversity & inclusion.** Promote awareness around key wellbeing strategies to create a flexible, inclusive, psychologically-safe organisational culture.
- 5 **Wellbeing.** Deliver targeted interventions rather than a 'one-size fits all' approach. Mitigate burnout, enhance capacity for conscious choices in highly demanding workplaces and engage leaders in boosting workplace wellbeing.



Reach a deeper understanding of individual and team wellbeing. Create a more responsible, positive, productive and inclusive workplace culture today.

Discover how GLWS® can help leaders better navigate workplace pressures and challenges for increased success.



I would highly recommend GLWS for a team or for individual leaders seeking to improve wellbeing, productivity and performance. Personally, it has helped me be a happier person and more effective leader. As a team we are more positive, resourceful, closer and more willing to take personal accountability for addressing things that affect our wellbeing.



Andrea Pearman
General Manager, Marketing and Community
Australia Post

Learn more now

w | glswellbeing.com
e | support@glswellbeing.com

Contact us

Karen | +61 412 744 167
Audrey | +61 438 100 023

